

**Garhwal Eye** 

### **MODERATE TREK**

## PANCH KEDAR



## Overview

- Pick up and drop available from (Dehradun/Rishikesh)
- Total trek distance 140Km
- Accommodation will be on sharing basis
- Trekking gears are available on rent
- Batches available in May, June, Sept & Oct month.

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## **MODERATE TREK**

## PACKAGES STARTING FROM INR 39,999

## PANCH KEDAR



## **Trek Essentials**

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- Backpack 35-45 ltrs
- Thermos flask
- 3 Full sleeves T-shirts, 3 Trek pants, Fleece jacket, Extra pair of Socks, Thermal Innerwear, Waterproof winter Jacket, Waterproof trek shoes, Woolen cap.
- Head torch, Sun glasses, Walking Stick

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#### Day 1: Rishikesh to Guptkashi / Gaurikund (180km)

Drive Distance:180km ( 6 to 8 hours) Meals : Dinner is included Overnight Stay : hotel quad sharing

Your spiritual journey commences as our team picks you up from Rishikesh, a vibrant city that sets the stage for this remarkable adventure. Enjoy a scenic drive covering approximately 180 kilometres, immersing yourself in the breathtaking beauty of the Himalayan landscapes.

#### Day 2: Gaurikund to Kedarnath Temple (17km)

Drive distance: 15 km ) Trek Distance : (17 km ) Meals : Breakfast , and Dinner are included Overnight Stay : Dormitory

Embark on the true adventure as you set out on a 17-kilometre trek from Gaurikund to the revered Kedarnath Temple. As you traverse this scenic trail, encounter a rich diversity of flora and fauna, including indigenous species of plants and animals.

The trek unfolds with fascinating checkpoints, and as you ascend, be captivated by the natural beauty that surrounds you. At Kedarnath Temple, have the opportunity to witness the divine "back side" of Lord Shiva. The day ends with a visit to the temple during the Aarti ceremony at 8:30 AM in the morning and 6:30 PM in the evening, offering a chance for spiritual reflection.

#### Day 3: Return to Ukhimath to Guptkashi

Drive distance : 41 km Trek distance :17 km Meals : Breakfast , and Dinner are included

#### Stay:hotel

Retrace your steps from Kedarnath back to Guptkashi, preparing for the next leg of your journey. Embark on a drive to Ukhimath, gearing up for the upcoming trek to Madhmaheshwar.

#### Day 4: Ukhimath to Gaundar village

Drive distance:25 km Trek distance : 5 km Meals : Breakfast , Lunch and Dinner are included Stay: homestay A scenic drive from Ukhimath takes you to Ransi Village, the starting point for your trek to Madhmaheshwar. The trek covers a distance of 5 kilometres and treats you to stunning vistas along the way. Overnightstay at Gaundar Village.

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#### Day 5: Trek to madhmaheswar from Gaundar village.

Trek distance : 10 km Meals : Breakfast , Lunch and Dinner are included Altitude:11,450 ft Stay: homestay

The trek follows the course of Madmaheshwar Ganga, locally known as Madhu Ganga. The day concludes with an opportunity to witness the Aarti ceremony at the temple, which venerates the "stomach or navel" part of Lord Shiva.

#### Day 6: Return to Ukhimath

Drive distance:25 km
 Trek distance: 15 km
 Meals: Breakfast, Lunch and Dinner are included
 Stay: Homestay

After paying your respects at Madmaheshwar, trek back to Gaundar and then continue your journey to Ukhimath via vehicle.

#### Day 7: Chopta, Tungnath, and back

 Drive distance:24 km
 Trek distance: 7/8 km
 Meals: Breakfast, Lunch and Dinner are included Stay: Camps /cottage

Your next destination is Chopta, where you'll embark on a short but challenging trek. The trail is adorned with the beauty of white and red Rhododendron flowers. Tungnath, the world's highest Shiva temple, is your destination, where you'll worship the divine "hands' ' of Lord Shiva during the Aarti ceremony at 8:30 AM and 6:30 PM. Following this, you'll move on to Sagar, your base for the upcoming Rudranath trek, a place named in honour of Lord Ram's ancestors.

#### Day 8: Drive from Chopta to Sagar and trek to Panar Bugyal

 Drive distance:35 km
 Trek distance : 10km
 Meals : Breakfast , Lunch and Dinner are included Stay : Camps

This day marks one of the most challenging yet rewarding phases of your journey. Trek from Sagar to Panar Bugyal, encountering three varieties of high-altitude grasslands known as Bugyals. The trek takes you through Pung Bugyal, Lyuti Bugyal, and finally, Panar Bugyal. These meadows are adorned with awe-inspiring natural beauty, including dense forests. The steepness of the trek requires preparation, especially for beginners.

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#### Day 9: Rudranath Trek and Back to Panar Bugyal

Trek distance : 14 km up and down
 Meals : Breakfast , Lunch and Dinner are included
 Stay : Camps

Today's trek takes you to Rudranath, offering breathtaking vistas and excellent photographic opportunities. Pass through Pitra Dhar, a place of worship for ancestors in the Sanatan Dharma tradition, and Devdarshani, which provides your first sight of the Rudranath Temple. Here, the face of Lord Shiva is being worshipped, and the temple is surrounded by sacred kunds (lakes) such as Narad Kund, Surya Kund, Saraswati Kund, and Chandra Kund. You'll be captivated by the divine energy of this place. The day concludes with the Aarti ceremony at Rudranath.

#### Day 10: Return to Sagar village and drive to Pipalkoti

Trek distance : 10 km down
 Drive distance: 35 km
 Meals : Breakfast , Lunch and Dinner are included
 Stay : Hotel
 Retrace your steps from Panar to Sagar village, and drive to the pipalkoti for the next and last destination of kalpeshwar.

#### Day 11: Kalpeshwar and Pipalkoti

Your journey takes you to Kalpeshwar, the final destination among the Panch-Kedar temples, located in Urgam village of Joshimath. Here, you'll worship the divine "hair" / "jata" of Lord Shiva. Kalpa Ganga flows nearby, adding to the sacred ambiance. This temple is easily accessible, with just a 1.5 to 2-kilometre walk. Afterward, drive from Urgam to Pipalkoti.

Note: The road to Kalpeshwar temple is now open from Devgram, which is less than 500 metres away. However, please note that it may not always be in firm condition, so check for road status before planning your visit.

#### Day 12: Pipalkoti to Rishikesh 214 km

The final leg of your incredible journey takes you from Pipalkoti back to the place where it all began, the spiritual hub of Rishikesh. This marks the end of your transformative Panch-Kedar adventure.

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#### Inclusions

11 night accommodation on Triple / Quad sharing in Hotel/Homestay/Tents

- Vegetarian meals as per the itinerary
- Transport from Rishikesh to Rishikesh
- All Permits and Entry Fees.
- Qualified with with support staff
- First aid box
- •All road transfers will be in Bolero, Jeep / tempo travellers .

Exclusions
Meals during the transport
Any personal expenses
5% Gst
Any kind of Emergency cost
Mules / Porter to carry the personal Luggage/ Sawari
Anything not mentioned in the inclusion

# **RENTAL GEARS**

- Trekking Bag INR 100 per day
- Poncho INR 50 per day
- Trekking Shoes INR 150 per day
- Jacket INR 100 per day
- Head Torch 50 per day
- Trekking Pole 50 per day

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